

Fosamax[®]

generic now available



- Convenience of oral weekly dosing.
- Demonstrated efficacy in the prevention and treatment of osteoporosis.
- Fosamax helps to prevent vertebral, nonvertebral and hip fractures in patients with low bone density, including high-risk patients¹.
- Available to members at the lowest copayment.

| | | Formulary ² | ST ³ | Typical copay ⁴ | Cost per month ⁵ |
|--|---------------------|------------------------|-----------------|----------------------------|-----------------------------|
| generic alendronate (Fosamax[®]) | 5 mg, 10 mg daily | Preferred | No | \$10 | \$80 |
| | 35 mg weekly | Preferred | No | \$10 | \$45 |
| | 70 mg weekly | Preferred | No | \$10 | \$30 |
| Actonel[®] (risedronate) | 5 mg daily | Option | Yes | \$40 | \$100 |
| | 35 mg weekly | Option | Yes | \$40 | \$80 |
| | 150 mg monthly | Option | Yes | \$40 | \$87 |
| Boniva[®] (ibandronate) | 2.5 mg daily | Nonformulary | Yes | \$60 | \$98 |
| | 150 mg monthly | Nonformulary | Yes | \$60 | \$87 |

Remind patients to:

- Get recommended daily amounts of calcium and vitamin D.
- Engage in weight-bearing exercise.
- Take bisphosphonates with a full glass of water, and remain upright for at least one hour after taking this medication.

¹C. MacLean et al. "Comparative Effectiveness of Treatments To Prevent Fractures in Men and Women With Low Bone Density or Osteoporosis." *Comparative Effectiveness Review* No. 12. Agency for Healthcare Research and Quality, AHRQ Pub. No. 08-EHC008-1, 2007.

²Nonformulary agents may not be covered, depending on member's drug rider. Coverage may not apply to Medicare Part D plans.

³Step therapy with brand-name bisphosphonates may be required for new starts for most BCN members and may be required for some BCBSM members.

⁴Based on the most common three-tier plan design

⁵Based on discounted AWP and MAC for a 34-day supply