



Important Information for OB/GYNs: Patient Case Study from the Maternity Care Management Program

Eligible HAP Fully Insured Commercial, HAP Empowered Medicaid, and Henry Ford Health members are benefitting from the ProgenyHealth® Maternity Care Management program delivered by HAP.

ProgenyHealth conducts health risk assessments; develops care plans; and offers education, support, and referrals to additional services. They also keep you apprised of any concerns that may arise. Below is a case study that demonstrates how the program has supported a real member.



Meet Fatemah

Challenge: During conversations with her ProgenyHealth Nurse Case Manager, Fatemah confided that she was experiencing significant anxiety and depression. She was fearful of experiencing postpartum depression, which was an issue after her first child. Fatemah shared that she had a limited support system, and that mental health is considered 'taboo' in Muslim society, presenting a cultural barrier to seeking help

Solutions: Fatemah described her immigration journey to the U.S. from Saudi Arabia, and the stigma of mental illness in the Muslim community. Her ProgenyHealth Nurse Case Manager was empathetic, culturally sensitive, and provided validation for raising concerns. They collaborated on a plan to ensure that Fatemah had adequate support to help manage her mental health needs.

Results: A ProgenyHealth Nurse Case Manager engaged with Fatemah 5 times in the first 7 weeks of her program enrollment. They spoke about her mental health concerns and put together a care plan to provide her the support she needed. She was also referred to a Maternal Infant Health Program (MIHP) for home visitation for additional support.

Your patients could benefit from this program!

Whether tracking their pregnancy in the included Ovia Health™ app or speaking with one of our Nurse Case Managers, the program provides robust support. The program is voluntary, and **there is no cost to you or your patients.**

- Members may:
 - Call ProgenyHealth at **(855) 231-4730**
 - Download and enroll through the Ovia Health™ enterprise mobile app via [GooglePlay](#) or [App Store](#)
- Providers may:
 - Make a referral by calling ProgenyHealth at **(855) 231-4730**
 - Submit a referral via secure fax using the attached form

Thank you for your ongoing partnership. We look forward to supporting you and your patients through this program.