

## **Weight Assessment and Counseling for Nutrition and Physical Activity for Children and Adolescents (WCC)**

**What is the WCC measure?** This measure demonstrates the percentage of members age 3-17, who had an outpatient/office visit with a primary care practitioner (PCP) or OB/GYN, and who had evidence of the following during the measurement year:

- Body measure index (BMI) percentile
- Counseling for nutrition
- Counseling for physical activity

**Why is the WCC measure important?** According to the American Academy of Pediatrics, childhood obesity has more than doubled in children and tripled in adolescents over the last three decades.

Molina offers an **incentive** to eligible PCPs to promote the health and wellbeing of children and adolescents. Providers who complete all three components of the WCC measure will be eligible for a bonus of \$15 per eligible member.

### **Best Practices to improve WCC**

- Include billing codes for BMI percentile and Nutrition/Physical Activity counseling on claims
- Ensure that all claim/encounter data and every service rendered is submitted in an accurate and timely manner
- Make sure that chart documentation reflects all services billed
- Avoid missed opportunities by taking advantage of every office visit (including sick visits, daycare physicals, and sports physicals) to capture BMI percentile and counsel on nutrition/physical activity.
- Place BMI percentile charts near scales.
- Document BMI percentile. This includes height, weight and BMI percentile
- **Schedule telehealth** appointments to provide nutrition and physical activity counseling.
- Counseling for nutrition and physical activity can be done at any appointment regardless of primary intent.

### **NEW NCQA 2020 UPDATES**

- ❖ **Member-reported biometric values (body mass index, height and weight) are now acceptable if the information is collected by a primary care practitioner**
- ❖ **Telehealth appointment; Telephone visit, e-visit or virtual check-in are now acceptable for Counseling for Nutrition and Counseling for Physical Activity indicators.**

## BMI Percentile

Compliant Documentation	Non-compliant Documentation
<ul style="list-style-type: none"> <li>BMI percentile documented as a value (e.g., 85th percentile) or plotted on a BMI for-age-growth chart.</li> <li>Weight, height, date and value</li> <li>BMI must be from the same chart, but can be on different dates of service during the measurement year</li> </ul>	<ul style="list-style-type: none"> <li>Notations of height and/or weight alone</li> <li>A BMI value will <u>not</u> meet compliance for this age range</li> <li>Ranges and thresholds do <u>not</u> meet compliance for this age range</li> </ul>

## Counseling for nutrition

Compliant Documentation	Non-compliant Documentation
<ul style="list-style-type: none"> <li>Document current nutrition behaviors (e.g. eating and dieting habits).</li> <li>Checklist indicating nutrition was addressed</li> <li>referral for nutritional education.</li> <li>Document notation that education material on nutrition received during a face to face visit.</li> <li>Counseling for nutrition at any appointment regardless of primary intent</li> <li>Women, Infants, and Child (WIC) services <u>does</u> meet criteria</li> </ul>	<ul style="list-style-type: none"> <li>Physical exam finding or observation alone (i.e. “well-nourished”)</li> <li>“Appetite good/bad” or “eats well” alone does not meet criteria.</li> <li>“Health education” or “anticipatory guidance” documented without specific mention of nutrition</li> <li>Counseling or referral for weight or obesity counseling.</li> </ul>

## Counseling for physical activity

Compliant Documentation	Non-compliant Documentation
<ul style="list-style-type: none"> <li>Physical activity counseling/education</li> <li>Discussion of current physical activity behaviors</li> <li>Checklist indicating physical activity was addressed</li> <li>Counseling or referral for weight or obesity counseling.</li> <li>Document physical activity educational materials received during a face to face visit.</li> </ul>	<ul style="list-style-type: none"> <li>Notations of “cleared for sports” or “cleared for gym class” alone.</li> <li>Notation solely related to screen time (computer or television).</li> <li>“Involved in school activities” or “active”.</li> <li>Notation that a member has exercise-induced asthma does not meet compliance</li> <li>Services specific to an acute or chronic condition.</li> </ul>

**Thank you for serving our Molina members**  
**880 West Long Lake Road - Suite 600 - Troy, MI 48098**