

Weight Assessment and Counseling for Nutrition and Physical Activity for Children and Adolescents (WCC)

What is the WCC measure? This measure demonstrates the percentage of members age 3-17, who had an outpatient/office visit with a primary care practitioner (PCP) or OB/GYN, and who had evidence of the following during the measurement year:

- Body measure index (BMI) percentile
- Counseling for nutrition
- Counseling for physical activity

Why is the WCC measure important? According to the American Academy of Pediatrics, childhood obesity has more than doubled in children and tripled in adolescents over the last three decades.

Molina offers an **incentive** to eligible PCPs to promote the health and wellbeing of children and adolescents. Providers who complete all three components of the WCC measure will be eligible for a bonus of \$15 per eligible member.

Best Practices to improve WCC

- Include billing codes for BMI percentile and Nutrition/Physical Activity counseling on claims
- Ensure that all claim/encounter data and every service rendered is submitted in an accurate and timely manner
- Make sure that chart documentation reflects all services billed
- Avoid missed opportunities by taking advantage of every office visit (including sick visits, daycare physicals, and sports physicals) to capture BMI percentile and counsel on nutrition/physical activity.
- Place BMI percentile charts near scales.
- Document BMI percentile. This includes height, weight and BMI percentile
- **Schedule telehealth** appointments to provide nutrition and physical activity counseling.
- Counseling for nutrition and physical activity can be done at any appointment regardless of primary intent.

NEW NCQA 2020 UPDATES

- ❖ **Member-reported biometric values (body mass index, height and weight) are now acceptable if the information is collected by a primary care practitioner**
- ❖ **Telehealth appointment; Telephone visit, e-visit or virtual check-in are now acceptable for Counseling for Nutrition and Counseling for Physical Activity indicators.**

BMI Percentile

Compliant Documentation	Non-compliant Documentation
<ul style="list-style-type: none"> BMI percentile documented as a value (e.g., 85th percentile) or plotted on a BMI for-age-growth chart. Weight, height, date and value BMI must be from the same chart, but can be on different dates of service during the measurement year 	<ul style="list-style-type: none"> Notations of height and/or weight alone A BMI value will <u>not</u> meet compliance for this age range Ranges and thresholds do <u>not</u> meet compliance for this age range

Counseling for nutrition

Compliant Documentation	Non-compliant Documentation
<ul style="list-style-type: none"> Document current nutrition behaviors (e.g. eating and dieting habits). Checklist indicating nutrition was addressed referral for nutritional education. Document notation that education material on nutrition received during a face to face visit. Counseling for nutrition at any appointment regardless of primary intent Women, Infants, and Child (WIC) services <u>does</u> meet criteria 	<ul style="list-style-type: none"> Physical exam finding or observation alone (i.e. “well-nourished”) “Appetite good/bad” or “eats well” alone does not meet criteria. “Health education” or “anticipatory guidance” documented without specific mention of nutrition Counseling or referral for weight or obesity counseling.

Counseling for physical activity

Compliant Documentation	Non-compliant Documentation
<ul style="list-style-type: none"> Physical activity counseling/education Discussion of current physical activity behaviors Checklist indicating physical activity was addressed Counseling or referral for weight or obesity counseling. Document physical activity educational materials received during a face to face visit. 	<ul style="list-style-type: none"> Notations of “cleared for sports” or “cleared for gym class” alone. Notation solely related to screen time (computer or television). “Involved in school activities” or “active”. Notation that a member has exercise-induced asthma does not meet compliance Services specific to an acute or chronic condition.

Thank you for serving our Molina members
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