



Livongo Whole Person Program

Currently, we partner with Livongo to help eligible HAP members better manage their type 1 or type 2 diabetes. The Livongo for Diabetes program delivers a comprehensive member journey. It complements the diabetes management program provided by their physician.

Upon enrollment, members receive:

- Diabetic supplies including a smart connect meter
- Access to an app
- Access to a coach who provides support seven days a week, 24 hours a day

Effective October 1, 2021, we're partnering with Livongo to offer a Whole Person Program. At this time, this free program will be offered to HAP's Medicare Advantage and Henry Ford Health System ASO members who already participate in the Livongo for Diabetes program. Livongo will reach out to members who need additional help with the following conditions:

- Hypertension
- Dyslipidemia
- Weight management
- Mental health

Members who enroll in the Whole Person program will receive:

- A digital blood pressure cuff
- A digital scale
- Access to the myStrength digital wellbeing mobile app

Members can share results with their provider or care team.

The Whole Person Program is a unified member experience. Interpreting the member's health metrics, social determinants, preferences, and clinical needs triggers timely, actionable feedback that drives behavior change.