



## **New program for your HAP Empowered MI Health Link patients**

The Aging and Adult Services Agency (AASA) at Michigan Department of Health and Human Services (MDHHS) is excited to launch a new partnership to bring **free** virtual educational and social engagement opportunities to older Michiganders. Supported by the Michigan Health Endowment Fund, GetSetup is a digital education platform for older adults, offering 150+ technology and enrichment classes, all taught by retired educators.

GetSetup is a safe place for older adults to hang out, learn, teach and engage with their peers over videos to live healthier, happier, and more connected lives and from the comfort of home. Here are some of the classes offered:

- Learning how to Zoom and connect with others
- Fitness classes
- Joining a social hour to talk about their interests
- Getting to know their device
- Staying independent by learning about Apps

To learn more and register for classes, your patients can visit:

<https://www.getsetup.io/partner/michigan>.